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## **MODERN APPROACHES TO LEARNING FOREIGN LANGUAGES**

There is no doubt that most people would agree on the crucially of learning foreign languages. Nowadays a significant number of individuals tend to expand their knowledge and study abroad in order to get proper education.

However, the process of learning might not appear quite comprehensible to certain people. The aim of this research is to explore and investigate the most worthy techniques of learning a new language.

First and foremost, with the invention of social media even studying became digital, ergo a lot of mobile applications have been invented.

One of the most well-known is “Duolingo”. This app is suitable for those who lack motivation, as it provides daily tests that practice different aspects, such as listening, reading, writing and even speaking. Moreover, you can compete with your friends which makes learning a new language easy and entertaining.

Apart from online resources, it is necessary to use your time reasonably while studying. In other words, dividing learning materials will bring you guaranteed success unlike spending countless hours trying to understand everything at once. According to a recent survey among students, one of the most fruitful methods to learn anything is to split up needed information into equal pieces. Consequently, the more you revise every snippet, the more your brain will adapt to remembering faster as well as storing crucial details.

Another creative way of remembering foreign words is to make a bunch of cards and stick them wherever you stumble upon the most. Each card should contain the word and its meaning in your mother tongue. Facing and repeating random words

throughout a day will result in subconscious memorization, thus expanding vocabulary.

For those who already have some basic knowledge of particular language, it is recommended to start thinking in that exact language. The greatest advantage of this approach is that you do not necessarily have to be fluent in it as many people consider. In fact, thinking in your target language is the key to achieving desired goals. Once you master this trusted and time-tested technique, you will notice considerable improvements in your language acquisition straight away.

Furthermore, not only thinking is effective. Talking to yourself in another language will also develop your speaking abilities and speed up the whole learning process. While expressing your emotions and thoughts you have the opportunity to discover the most important aspects of this strategy, as well as recognize common mistakes and avoid them in further communications.

In order to make sure that all the information is well memorized, there is a spaced repetition method. Spaced repetition is scientifically proven to be an essential technique for retaining the maximum information from what has been learned before. Not only does it enable you to invest as little time as possible to get the optimal profits of your language learning efforts, it as well helps to remember various words and phrases and is a powerful way to learn a language.

Last but not least, the great way to ameliorate your pronunciation and communicating skills in general is by watching movies/ TV shows and listening to music. It is a perfect solution for those who prefer beneficial entertainment. While watching different videos in another language you may practice your understanding skills and easily catch up familiar phrases. What is more, it is also useful for keeping up with modern slang and abbreviations, as usually such things are not taught at schools or other educational institutions.

Listening to music, at the same time, improves your memory capacity, ability to focus and stimulates the development of a better attention span. It is a great way of

taking a break from intensive studying and just revise the material through favorite songs.

Having scrutinized several most common modern methods of learning foreign languages, we have concluded, that all of them can be beneficial if you dedicate an appropriate amount of time to testing them and defining the most productive one for your abilities. Determination in this case is the key trait that plays a big part in upgrading to a new language.

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